**Pediatric Endocrinology and Diabetes Unit, APC-4C, Deptt. of Pediatric Medicine, PGIMER Chandigarh**

**Type 1 Diabetes Management monitoring sheet for patients on Rapid acting + Long acting insulin**

**Name of the Patient: Age/Sex: CR No: Bed No: Weight: kg**

**Rapid Insulin: NovoRapid/Apidra/Humalog Lispro/Regular Long acting: Lantus/Basalog/Levemir/Glaritus/Degludec/Generic Glargine**

**7 point profile**

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|  | **Pre Breakfast** | | **Post breakfast**  **(after 2 hours)** | **Pre Lunch** | | **Post lunch**  **(after 2 hours)** | **Pre Dinner** | | **Post dinner**  **(after 2 hours)** | **Bed time** | | **Midnight**  **(1-3 am)** | **REMARKS** |
| **Date** | **Sugar**  **(mg/dl)** | **Rapid Insulin (Units)** | **Sugar**  **(mg/dl)** | **Sugar**  **(mg/dl)** | **Rapid Insulin (Units)** | **Sugar**  **(mg/dl)** | **Sugar**  **(mg/dl)** | **Rapid Insulin (Units)** | **Sugar**  **(mg/dl)** | **Sugar**  **(mg/dl)** | **Long acting Insulin** | **Sugar**  **(mg/dl)** |  |
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